



Routines & Boundaries for your summer holidays

Date

Tuesday 27th June

Time

6:00-7.30 pm

Session will be held virtually via Microsoft Teams

Tips for a happy, safe and cheap summer break with free activity ideas for you and your children!

A **free** workshop for parents, exploring the benefits of routines, boundaries and planned activities for children during the summer holidays

Bedtime routine

2018-07-11a



Eat snack



Clean up



Get clothes



Brush teeth



Use toilet



Take bath



Read books



Snuggle & sleep



For more details and to book, please email:

jnethercoat@hobbshillwood.herts.sch.uk

Please include contact details and
name of child's school when booking

Tel: 01442 401222 Ext: 5