

Dear Parent/Carers,

Please find below courses and support available to Dacorum Parent/Carers from local providers. Please contact the providers directly, as detailed in their flyers.

Kind Regards, DSPL 8 Team

HAPpy Camps

Booking link: <https://sportinherts.org.uk/happy/booking/>



Hertfordshire's
Holiday Activity Programme
HAPpy

Free holiday
camps for
children

This summer, school aged children in receipt of benefits related free school meals, can enjoy **free food, free sports and free enrichment activities!**

Get your Summer 2023 **HAPpy Booking Code** from your child's school.



Bookings open at 12 noon on
Monday 26th June
Scan the QR code to find out more

Children's Wellbeing Practitioner Workshops: July-Sept 2023

Website: <https://www.hct.nhs.uk/service-details-/service/childrens-wellbeing-practitioners>

Eventbrite link: <https://www.eventbrite.co.uk/o/childrens-wellbeing-practitioners-school-nursing-service-hertfordshire-33494371787>

Children's Wellbeing Practitioner Workshops (July-Sept 2023)

Workshops are open to all young people & parents/carers of children and young people who attend a school or are registered to a GP in Hertfordshire. A referral is not needed to access a workshop.

All workshops are currently being delivered online via Microsoft Teams. For more information about what each workshop covers and to book a place onto a workshop, visit the Children's Wellbeing Practitioner Eventbrite page: <https://www.eventbrite.co.uk/o/childrens-wellbeing-practitioners-school-nursing-service-hertfordshire-33494371787>

Workshop	Date & Time
Emotional Wellbeing (For Young People 11-16) A workshop focused on adolescents managing their own emotional wellbeing and things parents/carers can do to help.	Tuesday 25 th July 10:00 Tuesday 12 th July 18:00
Supporting Adolescents with Self-Esteem A workshop focused on adolescents improving their self-esteem and what parents can do to support.	Monday 24 th July 10:00 Wednesday 27 th September 18:00
Supporting your Child's Self-Esteem A workshop focused on parents/carers supporting their child to improve their self-esteem.	Wednesday 12 th July 10:00 Tuesday 15 th August 18:00 Friday 8 th September 10:00
Supporting with Sleep Difficulties A workshop supporting children and adolescents with managing their sleep difficulties and how parents/carers can help.	Tuesday 1 st August 10:00
Supporting your Child's Resilience A workshop focused on parents/carers supporting their child to improve their resilience.	Tuesday 8 th August 18:00
Developing your Child's Emotional Literacy A workshop focused on parents supporting their child with developing emotional literacy.	Tuesday 11 th July 18:00 Wednesday 16 th August 10:00 Monday 11 th September 10:00
General Emotional Wellbeing and Regulation Tips for Parents A workshop focused on parents supporting their child's general emotional wellbeing and emotional regulation.	Thursday 20 th July 18:00 Tuesday 22 nd August 10:00 Thursday 21 st September 18:00
School Transitions A workshop supporting children and adolescents with managing school transitions.	Thursday 6 th July 18:00 Monday 7 th August 10:00

To access the recorded Emotionally Based School Avoidance Webinar please visit: <https://www.hct.nhs.uk/our-services-and-referral-information/our-services-a-z/childrens-wellbeing-practitioners-service/>




SPACE Hertfordshire: August ActivitiesPlaces are limited. Book here: <https://www.eventbrite.co.uk/o/29155520957>**AUGUST ACTIVITIES**

- Tue 1st Introduction to Fishing
- Wed 2nd Online Lego
- Thu 3rd Pottery Painting
- Fri 4th Online Kids Art
- Sat 5th Driving Experience
- Sun 6th Outdoor Play at the Patch
- Sun 6th Introduction to Golf
- Mon 7th Online Kids Cooking
- Mon 7th Online Teens Cooking
- Wed 9th Animal Encounter
- Thu 10th Pottery Painting
- Sat 12th Therapeutic Farming
- Sat 12th Aerial Gymnastics - Studio Fly
- Sun 13th Family Waterways Boat Trip
- Thu 17th Therapeutic Farming
- Thu 17th Introduction to Golf
- Fri 18th Online Teens Art
- Sat 19th Driving Experience
- Sat 19th Introduction to Fishing
- Sun 20th Paddlesports
- Wed 23rd Therapeutic Farming
- Sat 26th Graffiti
- Sat 26th Lego Club
- Tue 29th Introduction to Fishing

<https://spaceherts.eventbrite.co.uk>

Up on Downs Summer 2023 Newsletter

Download the full newsletter via:

<https://upondowns.com/wp-content/uploads/2023/06/Newsletter-Jun-2023.pdf>


*Summer 2023
Newsletter*

CALENDAR DATES

Sat 8 July [Family Support Meeting](#)
Hitchin Youth Trust, 111 Walsworth Rd,
Hitchin SG4 9SP 2.00-4.00pm

Sat 29 July [Thomley SEN Activity Centre Trip](#)
Thomley, Menmarsh Rd, Worminghall, Bucks
HP18 9JZ 10.00am—**BOOK NOW!**

Sat 12 Aug [Family Support Meeting](#)
Hitchin Youth Trust, 111 Walsworth Rd,
Hitchin SG4 9SP 2.00-4.00pm

Wed 23 Aug [Standalone Farm Visit](#)
Wilbury Way, Letchworth Garden City, SG6
4JN 10.30am

Fridays [Choices Youth Group](#)
Hitchin Youth Trust, 111 Walsworth Rd,
Hitchin SG4 9SP 6.15-8.00pm

Mondays [Teen Fitness Group](#)
With Tom and Emily Enoch, via Zoom at
5.45pm

Thursdays [Teen Social Communication Group](#)
With Emily Enoch, via Zoom at 6.30pm

Saturdays [Speech Development Group Meetings](#)
With our Symbol trained practitioners at
various locations on Saturday mornings

*If you have any questions
or
suggestions please
contact Sande, Jan or
Gemma at:*

enquiries.nhdowns@yahoo.co.uk

call:
07738 470634

Or visit:
www.upondowns.co.uk



Potential Kids: July ActivitiesBooking link: potentialkids.org.uk/activities**JULY 2023****BOOKINGS:**www.potentialkids.org.uk/activities**POTENTIAL
KIDS****OCN**
LondonApproved Education
Centre Delivering
Nationally Accredited
Qualifications

Date	Sessions	Time	Location
6th Thu	STEAM Home Education	10.00-12.00 & 12.00-14.00	PK Garden
6th Thu	Trampolining	16.45-18.00	Gosling Sports
7th Fri	Minecraft On Site	18.30-20.30	PK Hub
7th Fri	Community Connect Drop In - Warm & Cool Spaces	11.00-13.00	PK Garden
8th Sat	Family Football - Drop In	16.00-17.00	Birchwood Leisure Center
9th Sun	Minecraft On Site & Remote Session	13.00-15.00	PK Hub
13th Thu	STEAM Home Education	10.00-12.00 & 12.00-14.00	PK Garden
14th Fri	Youth Group 16+	18.30-20.30	PK Hub
14th Fri	Community Connect Drop In - Warm & Cool Spaces	11.00-13.00	PK Garden
15th Sat	Family Football - Drop In	16.00-17.00	Birchwood Leisure Center
16th Sun	Youth Group 13+	13.00-15.00	PK Hub
20th Thu	Trampolining	16.45-18.00	Gosling Sports
20th Thu	STEAM Home Education	10.00-12.00 & 12.00-14.00	PK Garden
21st Fri	Minecraft On Site	18.30-20.30	PK Hub
21st Fri	Community Connect Drop In - Warm & Cool Spaces	11.00-13.00	PK Garden

Opportunities for Duke
of Edinburgh or Work
Experience with PKLearning, Social &
Communicational
Support for
everyone through
our inclusive
programmes**PK Hub & Garden**Always Connecting with our Community
and the most vulnerable**PK TECH TEAM****MINECRAFT**
PK Offer
 Tutoring
 Teaching
 Mentoring
 Therapies
 1:1 & Group Work
 Alternative
 provision
 EOTAS

STEAM
 Science Technology Engineering Arts Maths

SUNDAY
 1:1 Horse Riding
 Groundworks/Care
 Equine Therapy
 Sessions

FRIDAY - Home
 Education available
Danecroft Stables
 Contact us for further information on any of our Activities or
 Educational Services at info@potentialkids.org
the galleria
 OUTLET SHOPPING

**SPORT
ENGLAND**

**WELWYN
HATFIELD**
**Building
Life
Chances**
 CREATING OPPORTUNITIES
Website: www.dacorumdspl.org.ukEmail: dspl@kls.herts.sch.ukEventbrite: <https://dspl8.eventbrite.co.uk/>Facebook: www.facebook.com/dspldacorumInstagram: https://www.instagram.com/dspl_dacorum/

Absolutely Together Free Summer SmilesRegister your interest via: smiles@absolutely-group.co.ukabsolutely
Together 

FREE SUMMER SMILES!

This summer, we are offering free access to a variety of exciting leisure activities for families across Dacorum Borough Council with children or young adults with additional needs! And what's more, if you participate in four or more activities by 30th September, you'll earn our exclusive Absolutely Together Gold Medal!

Why not try.....**Footgolf or Discgolf @ Little Hay Golf Complex- HP3 0DT****Skate Park or Inclusive Climbing @ The XC- HP2 4JS****Accessible Gym Use @ Our Gym****Twin Seat Accessible Karting @ Rogue Racing - HP19 8DB****Tenpin Bowling @ Rogue Bowling- HP19 8DB**

To register your interest
please send your details to
[smiles@absolutely-
group.co.uk](mailto:smiles@absolutely-group.co.uk)

**www.absolutely-together.org**

Absolutely Together is a registered charity- Number 1152093

Website: www.dacorumdspl.org.ukEmail: dspl@kls.herts.sch.ukEventbrite: <https://dspl8.eventbrite.co.uk/>Facebook: www.facebook.com/dspldacorumInstagram: https://www.instagram.com/dspl_dacorum/

SEND Drop-in sessions**Parent Support Group**

Every Wednesday

9.00am – 12

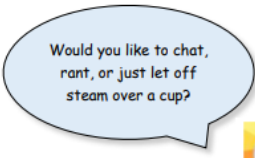
(Term time only)

@ Woodfield Coffee Shop


Malmes Croft, Leverstock Green, Hemel Hempstead, HP3 8RL

Contact: Gemma.Tuff@woodfield.herts.sch.ukOr: Lauren.Lettis@woodfield.herts.sch.uk

01442 253476



Would you like to chat,
rant, or just let off
steam over a cup?



Come and join other
parents/carers and
share stories, advice
and a few laughs!



Whether your child is at mainstream school or a special school,
Diagnosed or undiagnosed, you are welcome to come along and meet
Other parents, talk to professionals, or simply drop in for a coffee and
Meet new friends who also have a child with special educational needs.
ALL WELCOME - JUST COME ALONG

Free tea, coffee and biscuits! Fancy something a bit more special? Our
coffee shop accepts card payments or cash.

PARENT Cafe SEND**MEET OUR SEND CHAMPIONS**

These Parent Cafes provide extra help and advice around supporting children's additional needs. Meet our friendly staff in a relaxed environment for refreshments and a chat. Find out what's on offer to you at the Family Centre Service and how we can help signpost you to get further help or support. This is a drop-in session, however if you want to let us know you are coming, please give us a call. If you're not able to attend but would like some support, please get in touch.

Thursday 27th April (09:00 - 10:00)

Cedar Tree Family Centre,
Hemel Hempstead, HP2 7JX

11th May & 25th May (09:00 - 10:00)

Cedar Tree Family Centre,
Hemel Hempstead, HP2 7JX

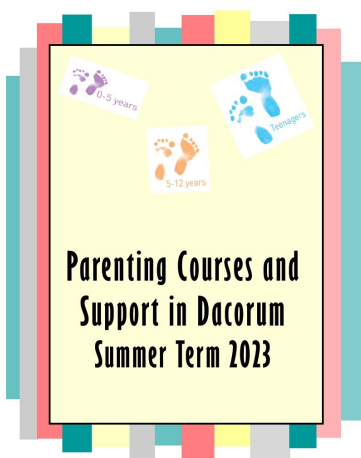
8th June & 22nd June (09:00 - 10:00)

Cedar Tree Family Centre,
Hemel Hempstead, HP2 7JX

6th & 20th July, (09:00 - 10:00)

Cedar Tree Family Centre,
Hemel Hempstead, HP2 7JXHertfordshire
Family Centre
Servicewww.hertsfamilycentres.org

0300 123 7572

Parenting Courses and Support in Dacorum Summer Term 2023

FREE courses open to parents in Dacorum

Please note the Autumn 2023 Term Parenting Courses & Support
will be available in the next newsletter

For courses from Local Providers, please view the Dacorum Parenting
Course Brochure via:

<https://dacorumspl.org.uk/wp-content/uploads/2023/03/Dacorum-Parenting-Course-Brochure-Summer-2023.pdf>

For SEND courses and support, please visit either:

<https://directory.hertfordshire.gov.uk/Search?CategoryId=70&SM=ServiceSearch&UDG=True&SME=True>

<https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/things-to-do>

Website: www.dacorumspl.org.ukEmail: dspl@kls.herts.sch.ukEventbrite: <https://dspl8.eventbrite.co.uk/>Facebook: www.facebook.com/dspldacorumInstagram: https://www.instagram.com/dspl_dacorum/