## **Great Gaddesden C of E (VA) Primary School**



'Treat others exactly as you would like to be treated yourself'. (Luke 6:31)

# **Intimate Care Policy**

Date: 20th January 2025

Signature:

Headteacher

Review cycle: Every three years

Date approved by governing body: 27th January 2025

#### **Contents**

- 1. Aims
- 2. Legislation and statutory guidance
- 3. Role of parents/carers
- 4. Role of staff
- 5. Intimate care procedures
- 6. Monitoring arrangements
- 7. Links with other policies

Appendix 1: template intimate care plan

Appendix 2: template parent/carer consent form

#### 1. Aims

This policy aims to ensure that:

- Intimate care is carried out properly by staff, in line with any agreed plans
- The dignity, rights and wellbeing of every child are safeguarded
- Pupils who require intimate care are not discriminated against, in line with the Equality Act 2010
- Parents/carers are assured that staff are knowledgeable about intimate care and that the needs of their child are taken into account
- Staff carrying out intimate care work do so within guidelines (i.e. health and safety, manual handling, safeguarding protocols awareness) that protect themselves and the pupils involved
- Intimate care refers to any care that involves toileting, washing, changing, touching or carrying out an invasive procedure to children's intimate personal areas.

#### 2. Legislation and statutory guidance

This policy complies with statutory safeguarding guidance.

#### 3. Role of parents/carers

#### 3.1 Seeking parental permission

Where there isn't an intimate care plan or parental consent for routine care in place, parental permission will be sought before performing any intimate care procedure.

If the school is unable to get in touch with parents/carers and an intimate care procedure urgently needs to be carried out, the procedure will be carried out to ensure the child is comfortable, and the school will inform parents/carers afterwards.

#### 3.2 Creating an intimate care plan

Where an intimate care plan is required, it will be agreed in discussion between the school, parents/carers, the child (where possible) and any relevant health professionals.

The school will work with parents/carers and take their preferences on board to make the process of intimate care as comfortable as possible, dealing with needs sensitively and appropriately.

Subject to their age and understanding, the preferences of the child will also be taken into account. If there's doubt whether the child is able to make an informed choice, their parents/carers will be consulted.

The plan will be reviewed twice a year, even if no changes are necessary, and updated regularly, as well as whenever there are changes to a pupil's needs.

See appendix 1 for a blank template plan to see what this will cover.

#### 3.3 Sharing information

The school will share information with parents/carers as needed to ensure a consistent approach. It will expect parents/carers to also share relevant information regarding any intimate matters as needed.

#### 4. Role of staff

#### 4.1 Which staff will be responsible

Classroom staff will be responsible for intimate care as reasonably required.

All staff at the school who carry out intimate care will have been subject to an enhanced Disclosure and Barring Service (DBS) with a barred list check before appointment, as well as other checks on their employment history.

#### 4.2 How staff will be trained

#### Staff will receive:

- Training in the specific types of intimate care they undertake
- Regular safeguarding training
- If necessary, manual handling training that enables them to remain safe and for the pupil to have as much participation as possible

#### They will be familiar with:

- The control measures set out in risk assessments carried out by the school
- Hygiene and health and safety procedures
- They will also be encouraged to seek further advice as needed.

#### 5. Intimate care procedures

#### 5.1 How procedures will happen

To safeguard the child and also the staff, intimate care will take place where there are at least two adults. One of these adults might be in a nearby place (within sight or hearing).

Procedures will be carried out in the accessibility toilet or in a space that protects children's dignity and privacy.

When carrying out procedures, the school will provide staff with:

Equipment provided for staff: protective gloves, cleaning supplies, changing mats and bins.

For pupils needing routine intimate care, the school expects parents/carers to provide, when necessary, a good stock (at least a week's worth in advance) of necessary resources, such as nappies, underwear and/or a spare set of clothing.

Any soiled clothing will be contained securely, clearly labelled and discreetly returned to parents/carers at the end of the day.

#### 5.2 Concerns about safeguarding

If a member of staff carrying out intimate care has concerns about physical changes in a child's appearance (e.g. marks, bruises, soreness), they will report this using the school's safeguarding procedures.

If a child is hurt accidentally or there is an issue when carrying out the procedure, the staff member will report the incident immediately to the DSL/Headteacher and this will be investigated and communicated to parents/carers.

If a child makes an allegation against a member of staff, the responsibility for intimate care of that child will be given to another member of staff as quickly as possible and the allegation will be investigated according to the school's safeguarding procedures.

#### 7. Links with other policies

This policy links to the following policies and procedures:

- Accessibility plan
- Child protection and safeguarding
- Health and safety
- SEND
- Supporting pupils with medical conditions

## Appendix 1: template intimate care plan



Intimate Care Plan		
Name of child		
Type of intimate care needed		
How often care will be given		
What training staff will be given		
Where care will take place		
What resources and equipment will be used, and who will provide them		
How procedures will differ if taking place on a trip or outing		

Name of senior member of staff responsible for ensuring care is carried out according to the intimate care plan	
Name of parent or carer	
Relationship to child	
Signature of parent or carer	
Date	
	Pupil voice (as appropriate)
How many members of staff would you like to help?	
Do you mind having a chat when you are being changed or washed?	
Date	

This plan will be reviewed twice a year.

Next review date:

To be reviewed by:

### Appendix 2: template parent/carer consent form

This will be given to parents/carers of children in Early Years and any other child where the school/parents feel intimate care is likely to be required.



## Permission for school to provide intimate care Name of child Date of birth Name of parent/carer Address and contact details I give permission for the school to provide appropriate intimate care to my child (e.g. changing soiled clothing, washing and toileting) I will advise the school of anything that may affect my child's personal care (e.g. if medication changes or if my child has an infection) П I understand the procedures that will be carried out and will contact the school immediately if I have any concerns

I <b>do not</b> give consent for my child to be given intimate care (e.g. to be washed and changed if they have a toileting accident).		
Instead, the school will contact me o will organise for my child to be given and changed).		
I understand that if the school cannot reach me or my emergency contact, if my child needs urgent intimate care, staff will need to provide this for my child, following the school's intimate care policy, to make them comfortable and remove barriers to learning.		
Parent/carer signature		
Name of parent/carer		
Relationship to child		
Date		