



Hero

Winter Menu 25-26

WEEK 1: 3 Nov, 24 Nov, 15 Dec, 5 Jan, 26 Jan, 23 Feb, 16 Mar

LUNCH!

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN MEAL 1	Beef Burger	Chicken Pie & Gravy	Roast Chicken with Stuffing & Gravy	Quorn Dipper Taco with Sweet Chilli Sauce (Ve)	Fish Fillet Fingers
	MAIN MEAL 2	Potato Frittata (v)	Swedish Style Plant-Based Meatballs (New) (v)	Plant-Based Shepherds Pie (Ve)	Mac 'n' Cheese (v)	Margherita Pizza (v)
	SIDE DISH	Potato Wedges or Pasta	Mashed Potatoes or Pasta	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Herby Garlic Bread	Chips or Tricolour Pasta
	JACKET POTATO VARIOUS	Baked Beans (Ve) Grated Cheese (v) Cheese & Beans (v) Tuna Mayo*	Baked Beans (Ve) Grated Cheese (v) Cheese & Beans (v) Tuna Mayo*	Baked Beans (Ve) Grated Cheese (v) Cheese & Beans (v) Tuna Mayo*	Baked Beans (Ve) Grated Cheese (v) Cheese & Beans (v)	Baked Beans (Ve) Grated Cheese (v) Cheese & Beans (v) Tuna Mayo*
	EGG FREE COLD OPTION FIXED	Tuna Mayo* Roll	Cheese Roll (v)	Ham Roll	Cheese Roll (v)	Cheese Roll (v)
	DESSERT	Apple Strudel & Custard (v) (50% Fruit)	Fresh Fruit Wedges (Ve)	Fresh Fruit Jelly (Ve) (50% Fruit)	Chocolate Orange Jelly Mousse (v) (New)	Gingerbread Biscuit (v)

























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Winter Menu 25-26

WEEK 2: 10 Nov, 1 Dec, 12 Jan, 2 Feb, 2 Mar, 23 Mar

SUPER LUNCH!





A SUPER HEALTHY SUPER HERO!







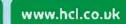
















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Winter Menu 25-26

WEEK 3: 17 Nov, 8 Dec, 19 Jan, 9 Feb, 9 Mar



