

Great Gaddesden Church of England (VA) Primary School



PE Curriculum

Statement of Intent:

At Great Gaddesden, we recognise that physical activity and sport are essential parts of a child's everyday life and are a key factor in their future well being. We want every child to find enjoyment in physical activity and aim to provide them with a wide range of opportunities so that they can discover the right kind of activity for themselves and experience the benefits that an active lifestyle can provide.

We aim to provide the children with a broad and balanced PE curriculum, including specialist provision for all year groups. Within our school, all children should:

- Understand the benefits of an active lifestyle
- Develop a range of sporting skills, including swimming
- Engage in a range of competitive sports and activities
- Develop a sense of fair play and sporting attitude
- Enjoy sporting activities, persevere and build resilience

All pupils in Great Gaddesden participate in a broad and balanced PE curriculum based on the published scheme 'Get Set for PE'. Our curriculum is inclusive to all including those who have special educational needs (SEN), English as an additional language (EAL), disabilities or those who are gifted and talented. Every child is included and engaged through careful lesson planning and differentiation. We ensure inclusive opportunities for raising self esteem and celebrating success so that all children can reach their full potential.

Aims:

EYFS:

- Physical Development in the early years is split into two strands: Moving and Handling and Health and Self Care. Children in the EYFS use their outdoor area daily for energetic play. The children also access specific physical development through timetabled PE lessons, twice a week. Here they have the opportunity to develop fundamental movement skills.

KS1:

- Within KS1, children develop their fundamental skills further through a range of activities, where children work individually, in pairs, in small groups or as a whole class. We cover key aspects of gymnastics, dance, yoga, games and athletics. We follow the National Curriculum for PE in KS1 and children take part in lessons twice a week.

KS2:

- Within KS2, children continue to apply and develop a range of skills, learning to use them in different ways and link them to make actions and sequences of movement. They continue to use the skills individually but also develop cooperation through games. This will include a further focus on choice and tactics within a game. We continue to cover a wide range of activities such as gymnastics, dance, yoga, games, athletics, OAA and also swimming. We follow the National Curriculum for PE in KS2 and children take part in lessons twice a week.

PE Long-Term Overview

Cycle A 23-24; 25-26

Year group(s)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	<ul style="list-style-type: none"> different ways of travelling early ball skills 	<ul style="list-style-type: none"> introduction to the climbing equipment 	<ul style="list-style-type: none"> climbing over, under and through 	<ul style="list-style-type: none"> explore a variety of dance styles move our bodies in time to music 	<ul style="list-style-type: none"> sports day practice - athletic events 	<ul style="list-style-type: none"> hand eye coordination skills throwing and catching
Year 1 & 2	Yoga Sports Coach - invasion games	Dance - fireworks Sports Coach - invasion games	Gymnastics - jumping/balancing Sports Coach - team building / exploring	Gymnastics - rolling Sports Coach - team building / exploring	Sports day practice - athletic events Sports Coach - ball skills	May Pole dance Sports coach - Net and wall
Year 3 & 4	GetSet4PE - personal fitness Sports Coach - hockey	GetSet4PE - personal fitness Sports Coach - hockey	Swimming Sports coach - fundamentals	Swimming Yoga / dance?	Sapphire gymnastics* Sports day practice - athletic events	Sports Coach - athletics Net and wall
Year 5 & 6	Swimming Sports Coach - fitness building	Swimming Sports Coach - netball	Yoga Sports Coach - hockey	Dance Sports Coach - football / rugby	Sports day practice - athletic events fitness - bleep test	Sapphire gymnastics* Sports coach - Rounders / cricket

*As a small school, we teach the Juniors gymnastics at a specialist centre.

Cycle B 24-25; 26-27

Year group(s)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	<ul style="list-style-type: none"> Different ways of travelling Early ball skills 	<ul style="list-style-type: none"> Introduction to the climbing equipment 	<ul style="list-style-type: none"> Climbing over, under and through 	<ul style="list-style-type: none"> Ball skills 	<ul style="list-style-type: none"> Sports day practice - athletic events 	<ul style="list-style-type: none"> Yoga Health and wellbeing
Year 1 & 2	Yoga Sports coach - tag rugby	Gymnastics Sports coach - tag rugby	Dance - weather Sports coach - fundamentals	Gymnastics Sports coach - fundamentals	Sports day practice - athletic events Yoga	Athletics Sports coach - Net and wall
Year 3 & 4	Gymnastics Sports coach - ball skills	Dance Sports coach - hockey	Swimming Sports coach - team games	Swimming Sports coach - team games	<i>Sapphire gymnastics*</i> Sports day practice - athletic events	Yoga Sports coach - fundamentals
Year 5 & 6	Swimming Sports coach - fitness building	Swimming Sports coach - handball	Yoga Sports coach - rugby / football	Dance - Chinese New Year Sports coach - rugby / football	Sports day practice - athletic events Fitness - bleep test	<i>Sapphire gymnastics*</i> Sports coach - Rounders / cricket

*As a small school, we teach the Juniors gymnastics at a specialist centre.